

JUBILEE 2025

Pilgrims of Hope

CELEBRATED IN LOCAL CHURCHES DECEMBER 29, 2024 - DECEMBER 28, 2025



Special Jubilee *Indulgences*

- An indulgence frees one from residual attachments left on the soul as a consequence of sin
- Can be applied to oneself or souls in Purgatory
- In addition to fulfilling one of the activities below, the normal conditions are:
 - Be free from attachment to sin
 - Celebrate the Sacrament of Confession
 - Receive Holy Communion within Mass
 - Pray for the intentions of the Holy Father

I. Pilgrimage to a sacred Jubilee site

(in DOW-R: Cathedral of the Sacred Heart, Winona; Mary, Mother of the Eucharist Chapel, The Chancery, Rochester; Sacred Heart Church, Heron Lake; **St. Augustine Church, Austin**; Sts. Peter and Paul Church, Mankato)

- While there, participate in one of the following:
 - Mass
 - Liturgy of the Word
 - Liturgy of the Hours (Office of Readings, Lauds, or Vespers)
 - Way of the Cross
 - Rosary
 - Akathist hymn
 - Penance service (which includes individual confession)

II. Pious Visit to Sacred Places

(in DOW-R: Basilica of St. Stanislaus Kostka, Winona; Cathedral of the Sacred Heart, Winona; Co-Cathedral of St. John the Evangelist, Rochester)

- Engage in Eucharistic Adoration, concluding with Our Father, Profession of Faith, and prayers to the Blessed Mother

Those unable to make a pilgrimage or pious visit can unite themselves in spirit with those doing so and still gain the indulgence; they must recite the Our Father, Profession of Faith, and other prayers in conformity with the Holy Year, and offer up their sufferings and hardships.

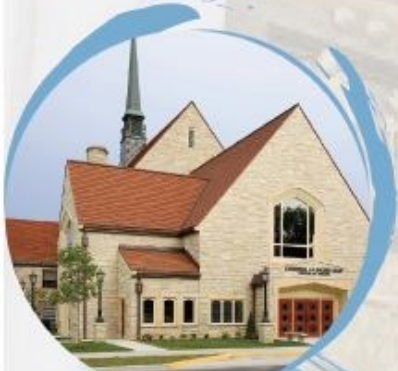
III. Works of Mercy and Penance

- Visit those in need (such as the sick, prisoners, or elderly)
- Engage in initiatives that put into practice the spirit of penance, for example:
 - Abstaining from distractions (real or virtual) one day of the week
 - Fasting or abstinence
 - Donating money to the poor
 - Supporting religious / social works, such as for protection of life or migrants
 - Volunteering free time to serve the community

During this Jubilee Year, it is possible to gain two plenary indulgences a day IF:

- The second is an act of charity and done on behalf of the souls in Purgatory
- One receives Holy Communion a second time that day at a second Mass

Holy Doors: This Jubilee, the only designated Holy Doors are at the four major basilicas in Rome



Diocese of Winona-Rochester
MINNESOTA