

Annunciation

Do we trust God? Without Questions or Hesitations? Like Saint Mary did?

A Science experiment to illustrate "trust":

Equipment needed:

- A glass of water (about half to 2/3 filled)
- An index card.

Holding onto the top of the card with one hand, move your other hand down the glass, towards the bottom. Then carefully flip the glass upside down, while making sure you to keep holding the card in place. Slowly move your card holding hand out from underneath and the card should stick, holding the water without it spilling.

This is an example of trusting God even if it does not "make sense".

The "Obedience Game," **Only the leader should read this part below or it will spoil the game**

Equipment needed:

- Paper plates
- Markers

Give each person a paper plate and were asked to place it on top of their heads.

Then give them this series of instructions:

1. Draw a triangle
2. Beneath it, draw a square
3. Inside the square, draw a circle

This game illustrates that we may not understand what God is asking us to do when we are starting out, but we will understand at the end.

Notice that in Mary's story,

1- She was told that she would conceive and give birth to a son who would reign over Jacob's descendants: **Trust**

2- Her response to Archangel Gabriel beautifully illustrates her **obedience**

"I am the Lord's servant," Mary answered. "May your word to me be fulfilled." (Luke 1:38)

End by praying these words together that we may have the faith and obedience of our Mother, the Holy Virgin Saint Mary.

Behold, I am the servant of the Lord.

May it be done to me according to your word.

<https://www.mireillemishriky.com/the-annunciation-a-lesson-in-trusting-god/>

Optional, create a prayer card to remind you to say yes to God each day, like Mary. Go place it somewhere you will see it every day. Create your own, or use the template - Color, cut out, and fold so that it stands up. Add a card underneath that says:

Mary said, "Behold, I am the handmaid of the Lord. May it be done to me according to your word." Then the angel departed from her. Luke 1:38

