
Sponsor “Interview” Meeting

Now that you have chosen your sponsor, it's time to spend a little more time with him or her to really get to know more about his or her faith journey. After all, the life-long role of your sponsor is to walk with you and support you on your own faith journey.

Your first meeting should include the following “interview” – it would be best to meet in person, but if this is not possible, you can interview your sponsor by phone or video chat. You should plan to meet with your sponsor for at least an hour, but feel free to meet for as long as you would like. Start your meeting by praying together.

Although you will be asking your sponsor questions, your meetings should really be a discussion with you adding your own insights and thoughts to the conversation. Invite your sponsor to ask you questions, too. Also, you are welcome to ask your sponsor a question that is not listed here.

Sponsor “Interview” Questions *(discuss at least 8 of the following questions – remember this is a time for conversation, not just Q&A, and the sponsor can ask the candidate questions, too)*

- What do you remember about being Confirmed? What saint name did you choose and why? Share with your sponsor which saint(s) you are considering or have chosen and why.
- How has the Holy Spirit played a role in your life?
- Through the Sacrament of Confirmation, the gifts of the Holy Spirit that we first received at Baptism (wisdom, understanding, counsel, fortitude, knowledge, piety, fear of the Lord) are strengthened and increased within each of us. Reflecting back on your life experiences and decisions, which gifts have you used a lot? Which gifts do you need to use more?
- How would you define the word “holy”? Do you know people in your life that you would describe as “holy”? What challenges do you face when you are trying to live a life of holiness?
- What saints have been good role models in your life?
- How has your appreciation of the Mass changed for you over your life? Was there a time when you did not like going to Mass? How have you grown to appreciate Mass since then?
- How have you come to value and appreciate the Sacrament of Reconciliation? What kind of preparations do you find helpful before you celebrate the Sacrament of Reconciliation?
- What is your favorite Scripture passage, verse, or story? Why?
- How has participation in Christian service played a role in your life? In what types of service have you enjoyed participating? What have you learned from these experiences?

- Do you pray? How often do you pray? Why do you pray? How do you pray? What are some of your favorite prayers or ways to pray? Who taught you to pray? Why is regular, daily prayer important in a Confirmed Catholic's life?
- Describe a time when it was challenging to pray and a time when you really felt God's presence. What obstacles do you find in praying regularly and how do you overcome them?
- Describe a time when you felt really close to God.
- Since getting Confirmed, what has been the most influential faith moment in your life?
- How did you first learn about what it means to be Catholic?
- What does it mean to be Catholic for you? How has being Catholic shaped your life?
- How has the Catholic faith strengthened and nourished you?
- Tell me about an experience in your life when it was difficult for you to be Catholic – perhaps a time when you were ridiculed because of your faith or struggled to have faith. What did you do to “keep your faith” or find answers to your questions during these times?
- Where would you like to see growth in your Catholic faith?
- What is the best aspect about being Catholic?
- Who has been a good role model for you? How has this person taught you or shown you what it means to be Catholic? How has this person deepened your faith?
- What spiritual advice do you have for me as I prepare for Confirmation and the rest of my Catholic life?