

Lenten Activities

These activities help us count down the 40 days of Lent and encourage extra sacrifices and good deeds throughout the season! Discuss as a family and try to choose one or two, or use these ideas to inspire your own practice. Check out photos and links all on this page <https://www.catholicicing.com/activities-for-families-throughout-lent/>

Lenten Countdowns

Lenten Calendars

You can print the Lenten calendar for free, and see all the most important days of Lent coming.
OR

Make a path for Jesus to walk with a free printable craft for counting down the 40 days of Lent.

Lenten Paper Chain

Each day prints with a Lenten activity idea.

OR

Each day prints with prayers.

Lenten Candle Cross

Same concept as an Advent wreath - light one additional candle per Sunday, counting down the weeks to Easter.

Jesus Tree

Lenten version of the Jesse Tree, where you read a scripture each day and attach a related image to a cross - color your own or print them off.

Sacrifice Activities

Crown Of Thorns

Make an easy crown of thorns with toothpicks. Every time you make a sacrifice, remove a toothpick from the crown.

Sacrifice Beans

For every sacrifice made, place a bean in the jar. Swap them for jelly beans at Easter.

Merciful Cross

Cover the cross by the end of Lent with flowers representing sacrifices and works of mercy.

40 Days of Almsgiving

Each day one coin comes out of the cross holder and goes in the offering box.

Good Deed Tracker

Encourage extra sacrifices and good deeds during Lent by keeping track.

Lenten Sacrifice Tree

Hang an ornament for each act of prayer, fasting or almsgiving on a branch "Tree".

Lenten Home Altar

Set up a beautiful Lenten home altar for about \$10 at the dollar or hobby store. Think ahead and plan for how you will transform it when Easter comes.