

# The Beatitudes

MATTHEW 5:1-12

When he saw the crowds, he went up the mountain, and after he had sat down, his disciples came to him. He began to teach them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the clean of heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of me. Rejoice and be glad, for your reward will be great in heaven."

## BEATITUDES PRAYER

Lord, make me **poor in spirit**, so I can receive the kingdom of heaven.

Lord, when I **mourn**, help me find comfort.

Lord, make me **meek**, so that I may inherit the land.

Lord, help me to **hunger and thirst for righteousness**, so I may be satisfied.

Lord, make me **merciful**, so I may obtain your mercy.

Lord, make me **pure of heart**, so I may see you.

Lord, help me to **make peace**, so I may be called your child.

Lord, when I am **persecuted for righteousness' sake**, show me your kingdom.

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