**Confirmation Journal Activity**

**November 16, 2022**

**Learning Work**

* The Prayer Process
* Watch the video: [Decision Point 4.3](https://youtu.be/MBq466CXOHQ)

**Reflection Questions**

* Has anyone ever taught you how to pray? Who? When?
* Which of the 7 steps in the prayer process intrigued you the most? Why?
* If you were going to set aside 10 minutes to pray each day, what time of day would work best for you?